

2018 Media Surf & Adaptive Surf Morning Experience Adaptive Surfing Facts

Number of Surf Emporium Adaptive Surf Coaches

2017: 12

2018: 13

Number of Adaptive South Africa Coaches

2016: 1

2017: 2

2018: 2

Numbers of Beginner Adaptive surfing clinics run in the Western Cape

2016: 3 Adaptive Clinic Days

2017: 11 Adaptive Clinic Days

2018: 13 Adaptive Clinic Days

Number of Competitors participating in the Adaptive SA Champs

2016: Cape Town

- 22 Participants – 12 in the main event and 10 7 in the Adaptive Learn to Surf Clinic
- 12 Competitors – 1 female and 11 males
- 6 Judges
- 32 Volunteers

2017: Cape Town

- 24 Competitors – 16 in the main event to represent SA in the national Team and 7 in the Adaptive Learn to Surf Clinic
- Female: 7
- Male: 17
- Age 10 to 21: 1
- Adults: 23
- Children: 1

2018: Durban

- 27 Competitors – 18 in the main event, and 9 7 in the Adaptive Learn to Surf Clinic
- 4 Coaches
- 22 Volunteers

Cost to run the Adaptive SA Champs event = R30 000



Number of disabled surfers qualifying for major national & international competitions

2017

National:16

International: 8

2018

National:16

International: 8

Number of participants in national recreational activities such as clinics and entry-level participation initiatives

2016

2017

Surfers 16

Volunteers: Approx. 350

2018

Surfers:

Volunteers:

Adaptive Surfing Seminar

Adaptive Surfing ran its first Surf Seminar in 2016, which was the first in the history of South Africa.

Attendance: 35 people

Guest Speaker: Matt Bromley

Guest Speaker: Physio Helen Millson

Venue: Reddam House

Targets for 2019

Adaptive Surf Caches: 20 coaches

Adaptive Surfers (Learn to Surf): 50 Adaptive Surfers

Adaptive Clinic Days: 20

Adaptive Surfing: Did you know?

- Veterans use surf therapy to recover from post-traumatic stress. See full article here: <http://www.resurfacethemovie.com/>
- Adaptive Surfing is a great recreational activity for those with disabilities



**SURF
EMPORIUM**



- Adaptive surfing further allows adaptive athletes to compete against and alongside abled bodied athletes, as it should be
- Adaptive surfing will now be part of the Olympics and Paralympics Games
- Adaptive Surfing was introduced to the disabled community of South Africa for the first time in 2011
- Like regular surfing, adaptive surfing involves the surfer paddling out and riding a wave towards the shore. Adaptive surfing can occur wherever there are suitable waves, this is mainly in the ocean however can also be done in lakes, river and through artificial waves

<https://www.isasurf.org/development-programs/adaptive-surfing/>

<https://www.adaptivesurfing.com/>

<http://www.sports.org.au/adaptive-surfing/>

<https://www.iol.co.za/ios/news/surfer-turning-the-tide-finds-healing-in-ocean-16401158>

<https://www.theinertia.com/surf/the-inspirational-tale-of-bruno-hansens-tragedy-is-a-must-watch-documentary/>

<https://www.omicsonline.org/open-access/ocean-surfing-as-a-novel-physiotherapy-environment-a-commentary-2165-7025-e133.php?aid=25721>

<http://www.surfingmed.com/>

<https://www.omicsonline.org/open-access/ocean-surfing-as-a-novel-physiotherapy-environment-a-commentary-2165-7025-e133.php?aid=25721>

<https://www.theinertia.com/surf/the-rehabilitative-effects-the-ocean-surf-have-on-military-veterans/>